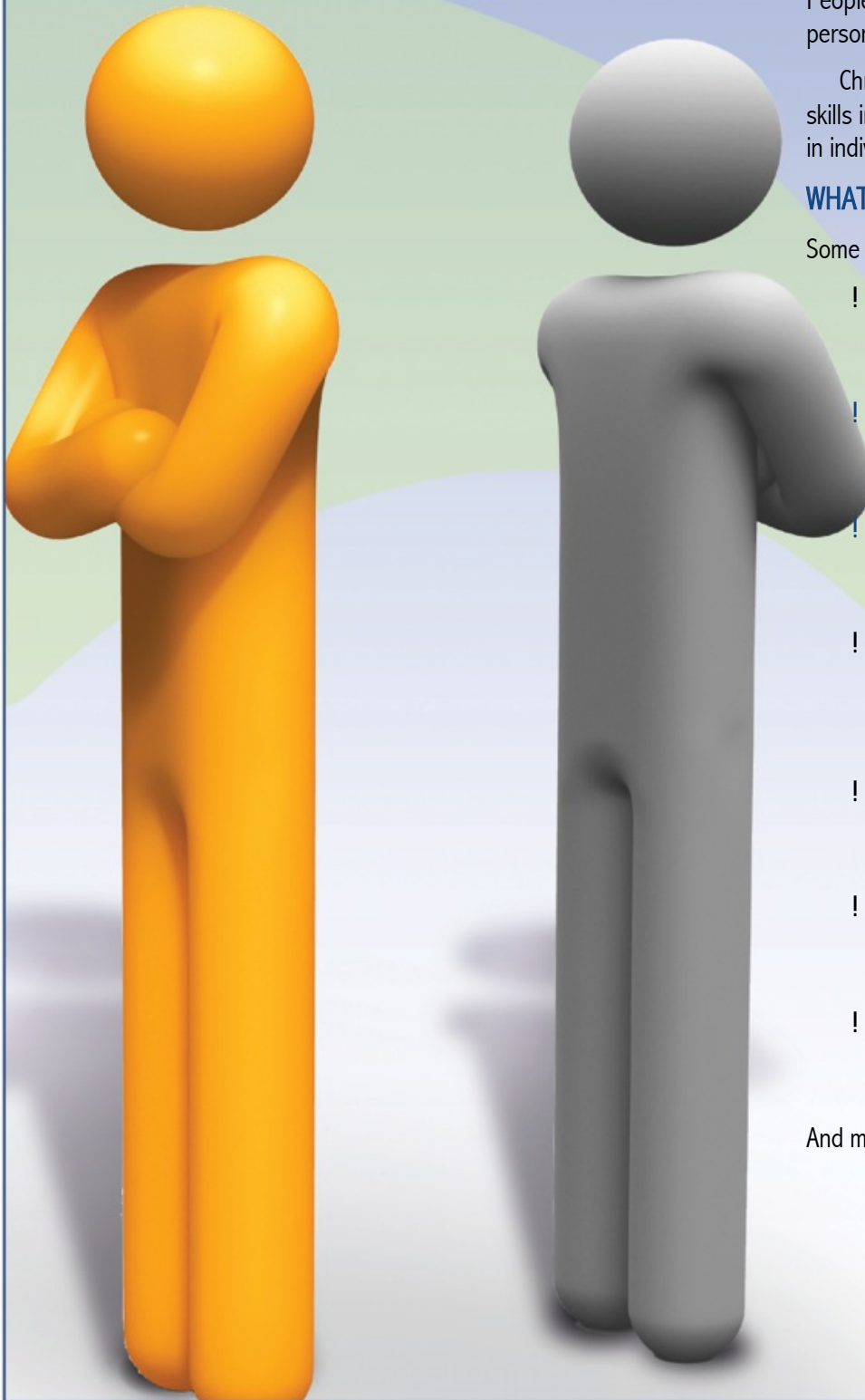


# Sharpening Your Interpersonal Skills

## Online Courses



### WHY SHOULD I TAKE SYIS ONLINE?

One of the most significant challenges we face on a day-to-day basis is living, working, and dealing with others. People come from different backgrounds and with different personalities. Learning to love with Jesus' love is tough!

Christ followers benefit from training in interpersonal skills in relevant and effective ways, leading to life change in individuals for strengthened teams and communities.

### WHAT WILL I LEARN?

Some of the many topics included are:

- ! **LOVING LISTENING:** Sharpen the skills needed to minister more effectively to others through listening well.
- ! **ADVICE AND PROBLEM SOLVING:** Learn about the role of advice and practice steps involved in helping others solve problems.
- ! **CONFRONTING:** Discover biblical guidelines and helpful skills for confronting others and responding effectively when confronted in anger.
- ! **CONFLICT MANAGEMENT:** Explore biblical ground rules for effective conflict resolution and practice a step-by-step strategy for managing personal conflict and helping others manage conflict.
- ! **COMMUNITY:** Gain awareness about what destroys community and what attitudes and skills can help to build community.
- ! **STRESS:** Recognize the impact that stress has on yourself and others and develop a strategy to manage stress well.
- ! **SUFFERING LOSS:** Process personal loss and grief and identify ways to help others who are grieving or have suffered loss.

And more...

